



NASA FEDERAL EMPLOYEE INTERNATIONAL TRAVEL

MEDICAL SERVICES & EVACUATION, REPATRIATION ASSISTANCE (revised 7/2016)



24/7: 1-844-506-4537

Email: medevac@tmhdopa.com
<https://tmhnasa.com/>

**Johnson Space Center employees should contact their foreign travel coordinator for additional information regarding other medical evacuation service vendor(s) that may be used by civil service and contractor employees for assistance*

Contact the Office of the Chief Health & Medical Officer, 321-867-2423/202-302-5795,
janine.e.scoville@nasa.gov for additional information

References/Authorities

- NPR 1800.1D, 2.15
- NPR 8621.1, NASA Procedural Requirements for Mishap Reporting, Investigating, and Recordkeeping
- NASA FAR Supplement, Clause 1852.242-78
- 5 USC 7901, Health Service Programs
- 5 U.S.C. 8101 et seq., Federal Employees' Compensation Act, as amended
- NPR 9700.1, Appendix A NASA Federal Travel Regulations Supplement(NFTRS), Chapter 301.

TRAVEL PREPARATION

- ☑ Visit the TMH-NASA website to access resources for planning <https://tmhnasa.com/>
Username: NASAemployee
Password: NASA2016
- ☑ TMH re-usable wallet cards can be obtained from your Center's onsite medical clinic.
- ☑ Consult your physician or visit your Center's onsite Health Clinic to ensure you are medically fit for travel. Pre-existing conditions and recent illnesses may significantly affect your health and welfare during extended air travel and while visiting a foreign country on business.
- ☑ Contact your Center's Medical Clinic 4 to 6 weeks prior to scheduled travel departure to allow adequate time for any required vaccinations, especially if they have to be staggered when administered.
- ☑ Check the Department of State, Centers for Disease Control, and World Health Organization websites immediately before departure to review travel warnings and alerts.
- ☑ Pack personal prescription medicine to last longer than your trip to account for any delays in returning home.
- ☑ Bring sufficient over-the-counter medications. Products available in the U.S. won't necessarily be available abroad.
- ☑ Register for the free Department of State Smart Traveler Enrollment Program at <https://travelregistration.state.gov/ibrs/ui/> . Entering information about upcoming trips provides U.S. travelers with an additional cushion of assistance in emergencies.

- ☑ If traveling alone, ensure that there is a way for someone to contact TMH and a friend/co-worker/family member in case you experience a medical emergency while traveling. Prominently place in your wallet or in your badge holder a card that provides "In Case of an Emergency" information. Include name(s) and phone numbers of family, allergies to medication, medical conditions (e.g., pacemaker, diabetes, hypertension) that would be important for a treating physician to know.
- ☑ Pack extremely important documents and medications in your carry-on in case your luggage gets lost.

MEDICAL SERVICES ELIGIBILITY: NASA civil service employees traveling abroad on official government business

- ◆ Medical and dental referrals
- ◆ Inpatient admission and identifying physician to assist ill/injured traveler
- ◆ Conduit between NASA designated physician, traveler, and traveler's family in cases of traveler hospitalization/evacuation
- ◆ Transport and accommodation for traveler family members
- ◆ Insurance claim form assistance
- ◆ Legal referrals and emergency message transmission
- ◆ Missing travel document assistance.

INJURED? ILL? HOSPITALIZED? WHAT NOW?

- 1) If able, notify (or have medical personnel or a travel companion/colleague notify) TMH ASAP.
- 2) If you are unable (e.g., unconscious) to let medical personnel know who to call, a prominently displayed card in your wallet indicating they should call TMH and your emergency contact are recommended.
- 3) TMH will notify NASA and ensure your family members are confidentially apprised of your condition.
- 4) A designated NASA physician will interface with TMH, medical personnel, and your family members, confidentially, to ensure your health and safety.
- 5) NASA's physician will ensure the proper treatment and transport arrangements are made for your safe return to the U.S.

CONTRACTORS, FAMILY MEMBERS & VACATIONS DURING TDY

- NASA Contractors are responsible for establishing medical clearance policies and making arrangements for employees' emergency medical services and evacuation while performing work for NASA outside the U.S.
- NASA does not provide medical/evacuation assistance for family members traveling with government employees. Travel insurance for family members must be purchased prior to their departure from the U.S.
- NASA's Agency contract does not cover a civil service employee during any vacation time taken during a portion of a business trip.

- Most personal health insurance policies do not cover health problems while traveling abroad.
- Personal policies that extend internationally:
 - Are not likely to be as comprehensive as they are in the U.S..
 - May require upfront payment with reimbursement made via insurance after returning to the U.S.
 - May have limited credit card acceptance-- a lack of cash could mean the difference between adequate, inferior, or no treatment
 - May require higher co-payments or receipt of a lower reimbursement amount for treatment provided outside the U.S.
 - Don't guarantee assistance from an insurer in finding appropriate medical care or credentialed providers.
 - Likely do not cover medical evacuations from a foreign country.

Recommendations

- Review personal medical insurance to determine its applicability to the destination country.
- Carry personal U.S.-based medical insurance identification information plus identification for each family member traveling. Before departure, read your policy and call your health insurer for specifics on coverage abroad. This can vary from country to country, so research each trip individually.

- VISA and American Express cardholders may be eligible for extra coverage when traveling abroad. Automobile club members, college alumni groups, and some associations may be good resources for travel insurance assistance for family members and should be researched prior to departure.

ADDITIONAL RESOURCES

NASA Internal Web Page:

<https://inside.nasa.gov/international-business-travel>

Medical Tips for Air Travel

<http://www.acoem.org/uploadedFiles/Publications/2005LaborDayChecklist.pdf>

CDC's Traveler's Health

<http://wwwnc.cdc.gov/travel/>

Recommended Vaccinations

<http://wwwnc.cdc.gov/travel/page/vaccinations.htm>

Travel Notices/Alerts

<http://wwwnc.cdc.gov/travel/notices.htm>

World Health Organization Travel Topics

<http://www.who.int/topics/travel/en/>

State Department Information

<https://travel.state.gov/content/passports/en/emergencies.html>

Smart Traveler Enrollment Program (STEP)

<https://travelregistration.state.gov/ibrs/ui/>

Medical Insurance Applicability in Different Countries

<https://travel.state.gov/content/passports/en/go/health/insurance-providers.html>

General Tips For Traveling Abroad

<https://travel.state.gov/content/dam/students-abroad/pdfs/healthy.pdf>

Stay Healthy While Traveling Abroad

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm049047.htm>