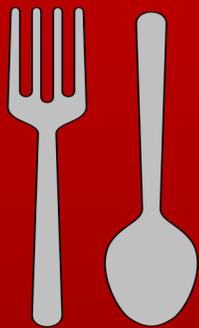


ALS
ASSOCIATION
DC/MD/VA Chapter

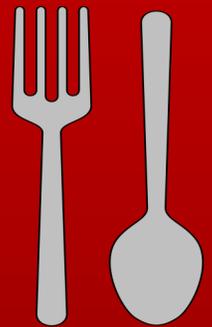


LUNCH



&

LEARN



Join us on Thursday, October 6th
from 11:30am to 12:45pm in
Building 26 Room 160



Guest speakers from the ALS Association DC/MD/VA Chapter will provide you with the opportunity to learn about ALS, how it's considered to be a military service disease, and how the Chapter provides **FREE** care services to nearly 700 individuals living with **ALS** in DC/MD/VA areas.

Join us and learn more about the disease brought to light by the ALS Ice Bucket Challenge and how **YOU** can get involved and make a difference!



ABOUT ALS

ALS, (Amyotrophic Lateral Sclerosis) also known as **Lou Gehrig's disease** is a fatal illness leaving people **unable to walk, to talk, to eat and finally to breathe**. There is **NO CURE**.

- ALS can strike a person of **any gender, age, religion and race**
- ALS is a **service-related disease**— **military veterans** are 2x as likely to be diagnosed
- ALS can cost families more than **\$200,000 a year** on proper care
- The **life expectancy** is only **2-5 years** from diagnosis
- Every **90 minutes** someone is **diagnosed** with ALS
- Every **90 minutes** someone **dies** from ALS

THE ALS ASSOCIATION—DC/MD/VA CHAPTER

In its 25th year, The ALS Association – DC/MD/VA Chapter is currently serving over **700 people** with ALS and their families throughout Washington D.C, Maryland and Virginia, with much-needed services **FREE OF CHARGE**. These services include:

Home Visits from Care Coordinators
Assistive Technology Support
Monthly Support Groups
Multidisciplinary ALS Clinics
Medical Equipment Loan Closets
Transportation Grants
and more...

The Chapter's **FREE SERVICES** are only made possible through its fundraising programs and the generous support of businesses and individuals like **YOU!**

SIGNATURE FUNDRAISING EVENTS



Walk to Defeat ALS®: The Chapter's largest fundraising initiative, with walks in seven markets

Dine to Defeat ALS: A dinner and auction honoring leading philanthropists in our communities

Blend: An evening of food, wine and fun, as you raise your glasses to defeat ALS

Team Challenge ALS: Brings together individual who compete & fundraise in local endurance events

One Dollar Difference: Offers people the opportunity to create their own fun and unique events